S

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PSYCHEDELIC TIER LIST

Your guide for choosing the best substane

Introduction

Not all psychedelics are created equal. Not only do these drugs differ in their short-term effects but every psychedelic also has its own benefits and safety profile. Each of these substances comes with its distinct advantages and disadvantages. When creating this tier list, several things were taken into account:

- The drug's short-term safety and harm potential
- Potential long-term impact on one's physical body and brain
- How beneficial the substance is for curing depression, anxiety, addictions, for improving one's well-being and happiness levels, and for spiritual exploration
- How enjoyable the trips are
- How difficult to handle the psychedelic is and how often it leaves users traumatized or psychotic
- Whether or not the drug is addictive
- How easy or difficult the substance is to obtain and how big of a chance there is that what you buy is impure
- The legal status of the drug (although this variable only plays a minor role)
- The prize of the drug (although this isn't taken into account unless the substance costs over $40 per trip)

Since enjoyment is not the only variable, this tier list may not apply to you if you are taking psychedelics purely to have fun. But even in that case, choosing drugs from the higher tears is much safer and better for your well-being.

We hope that this tier list will set you on the right path and allow you to choose the right psychedelics and avoid those that are not worth taking.

S Tier

Psilocybin mushrooms

Magic mushrooms are the most popular psychedelic substance in the world and it is for a good reason. Not only are these mushrooms extremely physically safe and there is no lethal dose but they also seem to be the most beneficial psychedelic when it comes to treating depression and addictions. A single psilocybin psychotherapy session can lower symptoms of depression by as much as 50% and the effects usually last for years. 3 psilocybin-assisted psychotherapy sessions also lower the rates of tobacco addictions by 80% and the same likely applies to alcohol and other substances or compulsive activities.

Magic mushrooms are also easy to obtain since they grow in nature. They also help you connect with nature more so than any other psychoactive drug.

Since psilocybin mushrooms are mushrooms and not a synthetic powder, dealers can’t cut them with other substances. Therefore, you always know what you are taking. There are a few poisonous look-alikes but you don't have to be a mycologist to identify these mushrooms correctly.

Psilocybin mushrooms are also not as stigmatized as synthetic psychedelics and they are becoming legal throughout the world.

1x-LSD and ALD-52

While it is one of the best psychedelics, regular LSD does not deserve the spot in the S tier. The reason is not the drug itself but the fact that it is illegal. This leads to two problems:

1) It can instead be 25I-NBOMe or other physically dangerous substance.
2) The dose on the blotter is generally much lower than what the dealer tells you.

Fortunately, this generally isn't the case for 1x-LSD and ALD-52 because the blotters are not synthesized and put on the market by drug cartels but rather by research chemical companies.

1x-LSD and ALD-52 have virtually identical effects and safety profiles as LSD. Therefore, they have a lot of healing potential and don't cause any long-term health consequences. On top of that, you can obtain these chemicals legally from an RC company if you live in a country where the drugs have not been scheduled. You cannot take them legally but whether or not anybody would care is a different story.

LSA

LSA is a lysergamide found primarily in the seeds of Morning Glory and Hawaiian Baby Woodrose. The drug produces effects that are similar to those of LSD. The main difference is that LSA is easier to handle for most people, despite how nauseating the seeds tend to be.

The fact that LSA is easier to handle isn't purely positive because the substance doesn't allow you to go as deep into your

subconscious mind and doesn't have as much healing potential. However, this makes LSA suitable for beginner psychonauts. LSA seems to be the best psychedelic to start with because of how gentle and easy to handle it is. On top of that, you can obtain the seeds legally in nearly every country of the world.

4-AcO-DMT and 4-HO-DMT

Despite what the names may suggest, these drugs don't have much in common with DMT. 4-AcO-DMT is a chemical name for Psilacetin and 4-HO-DMT is the same as Psilocin.

These substances produce virtually the same effects as psilocybin mushrooms. The main difference is that these synthetic chemicals are not as nauseating.

One additional benefit of these synthetic tryptamines is that they are easier to dose than shrooms because you never know for certain how potent the mushrooms are. The downside is that synthetic tryptamines might be cut with other chemicals although this is rare.

5-MeO-DMT

5-MeO-DMT is by far the strongest psychedelic substance in the world. In nature, it can be found primarily in the venom of the Bufo Alvarius toad.

Unlike other drugs from the S tier, 5-MeO-DMT can be fatal at heroic doses. Fatalities mostly occur when users smoke the drug under the influence of alcohol although they sometimes happen when the user is sober as well.

Relative to how many people have taken the drug, fatalities are extremely uncommon and they almost cannot happen if you take the drug responsibly.

Because of its intensity, 5-MeO-DMT can leave a user traumatized for months after taking the substance. The drug is more difficult to handle than most if not all of the psychedelics and it is not suitable for beginner psychonauts who are not willing to surrender to the experience.

Despite all of these potential risks, 5-MeO-DMT still deserves the spot in the S Tier. The vast majority of people who try 5-MeO-DMT experience a profound shift in their consciousness, most often in a positive way. The drug may not be as useful for treating addictions and solving human problems as other psychedelics, but it can take you beyond all of the human limitations. 5-MeO-DMT is often used by spiritual seekers as a tool for understanding the nature of reality. Even if you do not care about this aspect of life, 5-MeO-DMT can be extremely useful for lowering stress and anxiety.

Changa

Changa is a smokable blend of DMT and MAOI-containing herbs, such as Caapi or Syrian Rue. Compared to smoking regular DMT, changa leads to a gentler, longer, and often more pleasant experience. Changa is also easier to dose and smoke properly than regular DMT.

A Tier

Magic truffles

Psilocybin truffles cause almost identical effects to those of mushrooms. They are slightly gentler and more pleasant but with slightly less healing potential. Truffles, therefore, are better for having fun but with fewer long-term benefits.

DMT

When smoked, DMT only lasts 5-10 minutes although it can feel like hours. While the drug is extremely physically safe, the trips are mentally challenging nearly 50% of the time. Fortunately, the experience almost never gets terrifying enough to traumatize the user. It's also not easy to harm yourself on DMT because when you smoke enough, you will not be able to move your body when tripping. And, despite DMT's popularity, no one has ever died because of the substance.

DMT is one of the most studied psychedelics and in all of the studies done so far, the findings are always positive. Taking the drug is beneficial for the user's well-being and mental health nearly all of the time when he or she takes DMT responsibly. The studies also show that the more often the participant smokes DMT, the less anxiety, and symptoms of depression he experiences and so far, there is no known upper limit where more DMT would be detrimental.

LSD

Albert Hofmann's "Problem Child" is without a doubt one of the most important and influential discoveries of the last century. Soon after Albert accidentally discovered its psychoactive effects, psychologists started using LSD to cure addictions, depression, anxiety and multiple other problems.

It has been 80 years since then and not a single person died because of LSD. The drug is also gentler and more pleasant than most other psychedelics.

LSD doesn't have as much healing potential as magic mushrooms but it is better for contemplating human problems since the drug is less confusing and the trip lasts approximately 2 times longer.

Ayahuasca

Ayahuasca is an ancient brew that contains high amounts of DMT. Since DMT is not orally active on its own, MAOIs are added into the brew.

As far as the effects, ayahuasca has a lot in common with psilocybin mushrooms. The brew tends to be more challenging and nauseating than shrooms and lasts for slightly longer but the benefits of the two are similar.

One benefit of ayahuasca is that it is perhaps the least stigmatized psychedelic out of all of them. In many places of the world, you can attend an ayahuasca ceremony legally.

Pharmahuasca

Phramahuasca is a mixture of pure DMT and harmala alkaloids, typically extracted from Syrian Rue. The effects of Pharmahuasca are almost identical to those of Ayahuasca, which is why the drug is often called "Synthetic Ayahuasca".

Pharmahuasca is superior to Ayahuasca in that it is easier to prepare and you know exactly what dose of oral DMT you are taking. Psychonauts who have tried both medicines also tend to prefer Pharmahuasca, mainly because it is less nauseating and less confusing.

Mescaline

Mescaline-containing cactuses (most popular of which are San Pedro and Peyote) have been used for thousands of years for religious purposes. While the safety profile and potential benefits of mescaline have not yet been studied that well, they seem to be almost the same as those of LSD.

Mescaline isn't as popular as it used to be but you can still obtain the cactuses legally in most countries of the world.

6-APB

Even though not many people know about the substance, 6-APB is probably the best psychedelic/entactogen we know of for treating PTSD and healing trauma.

6-APB was discovered in 1993 by David Nichols who was looking for a non-neurotoxic alternative to MDMA. Even if 6-APB had the same neurotoxicity potential as MDMA, it would still be superior for many reasons:

1) MDMA is notoriously impure. Even though this has improved in the past few decades, MDMA pills are almost always cut with other drugs, such as methamphetamine.

2) 6-APB has more entactogenic properties than MDMA, therefore it is believed to have even more potential in psychotherapy.

3) It is much harder to overdose on 6-APB than on MDMA (although still possible!)

4) 6-APB is cheaper to obtain.

5) 6-APB synthesis is better for the environment than the synthesis of MDMA.

6) 6-APB is not scheduled in many countries and you can legally buy it from the internet for chemical research purposes.

All of that also applies to 5-MAPB and 6-APDB since they have almost identical properties to 6-APB.

Kambo

Kambo (also known as Sapo) is the venom of Phyllomedusa bicolor, a green frog that lives in the Amazon rainforest. For centuries, native tribes have been using the venom before hunting and for cleansing purposes. The venom is mainly used in Kambo ceremonies, where they burn holes in your skin and put the poison there.

While Kambo is technically not a psychedelic, it shares many of the benefits of other psychedelics. In addition to that, the venom seems to have powerful anti-inflammatory effects and it seems to prevent or slow down cancer, Alzheimer's, Parkinson's, diabetes, and other illnesses. Users generally feel a lot better after taking Kambo, especially for the following month or so.

Even though you will feel extremely sick if you decide to take the venom, there is not much to fear if you stick to regular doses. The poison isn't physically dangerous for most of us.

4-AcO-MET, 4-AcO-DET, 4-AcO-MiPT, 4-HO-DET, 4-HO-DPT, 4-HO-EPT, 4-HO-MET, 4-HO-MPT, and 4-HO-MiPT

These tryptamines are all comparable to psilocybin mushrooms as far as their effects and safety profile. Each of these drugs has its own properties but the differences are minor.

These 4-HOs and 4-AcOs are not too popular and are not regulated in most countries. Therefore, you may be able to purchase them legally from the internet.

Holotropic breathwork

While holotropic breathing isn't a psychedelic substance, it produces similar effects to those of psychedelics.

The breathwork was discovered by Stanislav Grof and his wife as an alternative to LSD after the government banned the substance. Stan claims that the states of consciousness you can get to by hyperventilating are comparable to what you may experience on MDMA. The main difference is that holotropic breathing is more visual and can give you deep insights into the nature of reality.

What is great about holotropic breathwork when compared to psychedelics is that the government cannot make breathing illegal. It also is free and relatively safe. The only problem is that it can be difficult to force yourself to hyperventilate for so long because it is against our instincts.

B Tier

AL-LAD, ETH-LAD, PRO-LAD, and PARGY-LAD

All of the LADs produce effects comparable to those of LSD. The key difference is that LADs are a lot gentler and easier to handle. It is virtually impossible to get a bad trip on them. Unfortunately, this also means that LADs will not allow you to face your traumas unless you take very high doses. Therefore, they have almost no healing potential.

On their own, perhaps the only benefit of taking these lysergamides is that it can be fun. If you, however, take AL-LAD or other LADs after you've taken 5-MeO-DMT or other intense psychedelics, you may get many insights into your life or into the nature of reality while staying calm at the same time. Put simply, AL-LAD allows you to reenter the doors that you've opened on other psychedelics and walk in with much less fear.

2C-B

Psychonauts describe the 2C-B experience as something in-between LSD and MDMA. While 2C-B is most commonly taken for enjoyment and its aphrodisiac qualities, it does have the potential for long-term benefits as well.

The drug isn't as life-transforming as LSD or MDMA can be but there are no known physical side effects of taking 2C-B and the trips rarely become unpleasant, therefore the pros outweigh the cons for the vast majority of users.

Other 2C-X drugs

The most popular chemicals in this category include 2C-C, 2C-I, 2C-P, 2C-E, 2C-D, 2C-T, 2C-T-2, 2C-T-7, and 2C-T-21. Some (such as 2C-I) are gentler and more relaxing while others (such as 2C-E) are considerably more challenging. All of these phenethylamines, however, share similar benefits and safety profiles as 2C-B.

The downside of these chemicals is that they are not yet explored very well since they are not nearly as popular as 2C-B. The good thing about this is that many of them are not regulated in most countries.

MDMA

MDMA is an entactogen of the amphetamine class. It is one of the most popular drugs of our time, being used both for recreational and healing purposes.

The reason why you might want to try MDMA is because of its potential for treating PTSD by allowing (and sometimes forcing) a user to process his or her traumas. For this purpose, the drug is now used in psychotherapy with amazing results. Nearly all of the patients who previously suffered from PTSD no longer have any symptoms after just 3 MDMA-assisted psychotherapy sessions. The drug is also used for treating autism and relationship problems.

Perhaps the main concern with taking MDMA is that the substance is often cut with dangerous fillers, especially when you buy MDMA in a pill form. Fortunately, this is about to change in the future year. Thanks to the work of Rick Doblin and others, MDMA will soon be legalized for its therapeutic effects.

5-APDB and 5-APB

These research chemicals function in almost the same way as MDMA, therefore they lead to similar benefits when taken the right way.

Compared to MDMA, 5-APB and 5-APDB are more energizing. The benefit of choosing these is that they are not banned in many countries and they tend to be purer than MDMA.

Mescaline analogs

This group includes Escaline, Methallylescaline, Allylescaline, and Proscaline. The effects of these synthetic phenethylamines are almost identical to mescaline. The main difference is that these 4 drugs are easier to handle than mescaline and they don't cause as much nausea as mescaline. While mescaline analogs seem to be just as physically safe as mescaline, there is not enough evidence to know for sure. They may also not have as much therapeutic potential as mescaline although the difference is certainly not significant.

DOB, DOC, DOI, DOM

The effects of these DOx chemicals are similar to the effects of LSD. Because these drugs belong to the amphetamine class, they are more stimulating than LSD and they also last for much longer.

While these DOx drugs are physically safe, they need to be taken responsibly. Also, do not take these psychedelics if you are predisposed to heart problems.

MET

MET's effects are extremely similar to those of DMT. MET can be just as intense and produces almost identical visuals. However, the MET headspace is often described as more stimulating and grounded than that of DMT. MET might be superior to DMT in many ways but since the drug remains unexplored, we do not know much about its long-term effects.

DPT and EPT

The intensity of these tryptamines is comparable to that of DMT but the effects are much different. Some users report that DPT is just as powerful of a tool for spiritual exploration as 5-MeO-DMT. This likely applies to EPT as well since EPT is almost the same as DPT.

C Tier

Salvia Divinorum

Salvia is not comparable to any other psychedelic because it targets completely different receptors in your brain.

This herb can cause experiences more bizarre than anything you could ever imagine. You may become an object, a sound, a color, or anything else. Some users also report living another being's life for years, just to wake up and find out they were tripping on Salvia for 10 minutes.

Salvia Divinorum is cheap and easy to obtain. In many countries, the drug is legal to buy and possess.

Ibogaine

Ibogaine could be put anywhere from the A Tier to Tier E, depending on where you are in life and how you work with the medicine. Ibogaine has tremendous healing potential, especially for those who are addicted to opioids, alcohol, or other dangerous substances. There are thousands of people who got their life saved by ibogaine.

The drug allows you to revisit your life from a somewhat detached state and change. Unfortunately, this can be challenging, both psychologically and physically. If you suffer from heart problems, you should probably stay away from

ibogaine or be extremely careful when working with the medicine.

Marijuana

Cannabis has many beneficial properties that regular psychedelics don't. These include treating epilepsy, seizures, Alzheimer's, Parkinson's, and a lot more. With that said, cannabis may not be worth it if you care about long-term brain health and memory.

Weed isn't as effective for treating depression or getting deep insights into the nature of reality although both of these things are possible on cannabis, especially if you've taken other psychedelics in the past. Marijuana can also be combined with most psychedelics to make the trip more intense. However, this can also lead to a terrifying trip so be careful.

Bufotenine (from Vilca and Yopo)

Vilca and Yopo are trees native to South America. Their seeds contain a huge amount of bufotenine and trace amounts of 5-MeO-DMT and DMT.

The seeds have been used for thousands of years by ancient tribes and they produce mild psychoactive effects that are distinct from any other plant or drug. The most notable effect of bufotenin is the increase in the intensity of a person's

sense of touch and their awareness of the physical sensations across their body.

While bufotenine can also be found in the Bufo Alvarius toad venom although the amount there is insignificant and not enough to cause any noticeable effects.

MDA

MDA's effects are extremely similar to those of MDMA. The main difference between the two is that MDA is more stimulating and psychedelic. MDA also appears to be more neurotoxic than MDMA and doesn't have as much therapeutic potential. One good thing about MDA is that it tends to be purer than MDMA. Users also report that MDA is better than MDMA in high-intensity environments, such as parties and festivals.

3C-E

Even though the name may suggest that 3C-E is similar to 2C-B or 2C-E, these drugs lead to fairly different experiences. As an amphetamine, 3C-E is moderately to extremely stimulating. This also means that you should be careful when combining the drug with other substances. Also, do not take 3C-E if you're predisposed to heart problems.

5-MeO-DiPT, 5-MeO-MiPT, and 5-MeO-DiBF

These 3 substances produce effects comparable to those of 5-MeO-DMT but with a lot less healing potential. The drugs are also notorious for increasing a user's sex drive.

4-AcO-DiPT and 4-HO-DiPT

Unlike other 4-AcOs and 4-HOs, these drugs only last for 2-3 hours and the effects are mainly auditory. Unless you take higher doses, you will probably not notice any visual effects on 4-HO-DiPT and 4-MeO-DiPT. Since these drugs are not too popular, very little is known about their safety and healing potential. However, they are almost definitely safe and the healing potential almost definitely isn't as big as that of psilocybin mushrooms or other 4-HOs and 4-AcOs.

Harmala Alkaloids

Harmala alkaloids (Harmaline, Harmine, and a few others) are psychoactive compounds found primarily in Syrian rue (peganum harmala) and Caapi. In the human body, they work as Monoamine oxidase inhibitors (MAOIs). Although harmala alkaloids have psychedelic properties, they alone are not very potent. At the same time, they can greatly intensify or change

the effects of other psychedelics, such as LSD, psilocybin mushrooms, and DMT. These alkaloids are best known for their use in combination with DMT, forming drinkable Ayahuasca or Pharmahuasca and smokable Changa.

DiPT and MiPT

Unlike other tryptamines and most psychedelics in general, DiPT and MiPT are not nearly as visual but a lot more auditory. Even though these drugs are likely safe, they do not have as much healing potential as other tryptamines.

BK-2C-B and 2C-B-Fly

Compared to 2C-B, 2C-B-FLY and BK-2C-B are a lot less energizing and more introspective. These analogs are also more likely to make you anxious and paranoid. On the other hand, these drugs likely have more therapeutic properties than 2C-B.

D Tier

Ketamine

Ketamine is the most popular dissociative drug on the planet. When compared to SSRIs and other antidepressants, ketamine does a much better job of reducing the symptoms of depression for the vast majority of people. Ketamine treatment's success rate is 85% while regular antidepressants only have a success rate of 45%. On top of that, the drug starts working instantly and isn't as damaging to your brain as regular antidepressants. However, when compared with psychedelics, ketamine isn't as physically safe or beneficial. It only alleviates depression temporarily (for 1-2 weeks) and is neurotoxic when used regularly. On top of that, long-term ketamine treatment can also damage your bladder and your kidneys.

MDAI and MDEA

The effects of these two are comparable to MDMA but MDEA and MDAI are more sedating and less entactogenic, which means they have less potential for healing trauma and PTSD. Another downside is that these two drugs are not nearly as popular as MDMA so we do not know much about their safety and toxicity. Just like 6-APB and 5-APB, MDAI and MDEA tend to be purer than MDMA and are legal to obtain in some countries.

Xenon gas

If used the right way, xenon appears to be extremely safe and the gas protects your neurons during oxygen deprivation. Because of this, experts believe it is the perfect anesthetic. The main downside of xenon is that the gas is expensive and difficult to obtain since there is a finite amount of this element on our planet.

Methylone

Methylone has similar effects to MDMA. The main difference between the two is that Methylone is more stimulating and less entactogenic. This makes the drug far less beneficial and probably more neurotoxic as well. Methylone also has a much shorter duration than MDMA.

LSZ and LSM-775

Users report that LSZ and LSM-775 feel like a mix of LSD and DXM. In other words, they feel like LSD with dissociative properties.

These lysergamides have almost no history of human usage and we know very little about them and their safety. On top of that, DXM does have some health risks, and some of them likely translate to LSZ and LSM-775. On top of that, the drugs are typically much more expensive than LSD or other lysergamides.

EiPLA and MiPLA

Just like LSZ and LSM-775, EiPLA and MiPLA are rare lysergamides. While they are probably safe to take, there are almost no trip reports on the internet so we cannot know for sure.

DCK and 2-FDCK

The effects of these dissociatives are somewhere between those of ketamine and PCP, although these drugs are more similar to ketamine than to PCP.

TMA-2 and TMA-6

TMA-2 and TMA-6 are similar to 2C-B but less predictable. Unfortunately, we don't know much about these drugs and they may not be as safe as 2C-B.

E Tier

Amanita Muscaria

Amanita muscaria is a psychedelic mushroom that has been used by multiple Siberian, European, and American tribes for religious purposes. Muscimol, Fly Agaric's main psychoactive compound, produces sedative and deliriant effects.

While Amanita grows in nature and is easy to get your hands on, think twice before you take it. As a deliriant, it almost always causes terrifying experiences. On top of that, the healing potential of Amanita is not that big.

The main benefit of the Fly agaric mushroom seems to lie in microdosing. Many of those who microdose Amanita believe that it is even more beneficial for treating depression and improving one's well-being than microdosing psilocybin mushrooms or LSD.

Memantine

Memantine produces effects comparable to those of ketamine, DXM, and PCP. The drug is by far the longest-lasting dissociative substance in the world with a duration of 1-3 days. Because of this, it is recommended to stay away from the substance or take extremely low doses.

Nitrous oxide

While taking nitrous oxide is fun, it does not have many therapeutic properties. Laughing gas is also incredibly addictive and highly neurotoxic when inhaled the wrong way (which most people do).

Nitrous oxide can be combined with other psychedelics. This will greatly intensify the experience for 1-5 minutes but it should also make the trip less challenging.

AMT

While AMT belongs to the tryptamine class, it doesn't have much in common with DMT or other tryptamines. AMT more so resembles MDMA and other entactogens. The drug is not nearly as physically safe as other tryptamines and it appears to have more potential for harm than MDMA. Dozens of deaths have already been associated with AMT.

DXM

Dextromethorphan is used as a cough suppressant medicine but at higher doses, it has stimulant, depressant, and dissociative qualities. Even though DXM is a popular recreational drug with a relatively high potential for abuse, it remains widely available without a prescription in a variety of cough syrups.

The biggest danger of DXM is that it is often mixed in a cough syrup with other drugs and the combination can be

lethal at strong doses. On its own, DXM is only lethal at extremely high doses but the combination has already killed multiple people.

PCP

The drug usually makes users feel detached from their bodies and senses. PCP is different from dissociatives like ketamine and DXM in that it energizes you and allows you to stay functional during the trip.

Even though it is not at all common to overdose on PCP, the drug does have some long-term negative effects. It can cause serious damage to your bladder and kidneys and also affect your brain and emotional state in a negative way. On top of that, the long-term benefits of PCP are tiny.

PCE

The effects of PCE are virtually identical to those of PCP, but the drug is slightly more potent than PCP and more likely to cause nausea.

PCP and PCE analogs

Specifically, we are talking about 3-HO-PCP, 3-HO-PCE, 3-MeO-PCP, 3-MeO-PCE, 3-MeO-PCMo, 4-MeO-PCP, and O-PCE. While there are noticeable differences between these substances, all of them share similar dangers and potential benefits. Unfortunately, all of these dissociatives are highly

addictive and have little to no long-term benefits, depending on how you take them.

MXE

The drug causes similar effects to those of O-PCE and 3-MeO PCP. It also shares some similarities with ketamine and other dissociatives. The main difference between MXE and ketamine is that MXE tends to be more stimulating and less psychedelic.

MXiPR, MXP, MXPr, MXM, Ephenidine (EPE), and Diphenidine (DPD)

All of these drugs were created as a replacement for MXE after it was banned. Most users prefer MXE to these analogs because they tend to be more sedating and less stimulating.

F Tier

Nutmeg (Myristicin)

The legality status of nutmeg is its only benefit. The herb acts as a deliriant and usually causes unpleasant, sometimes terrifying trips that can last for up to 3 days. On top of that, psychedelic doses of nutmeg would definitely cause some long-term damage to your body.

25X-NBOMe

The most common of NBOMes is 25I-NBOMe. The effects of this drug are comparable to those of LSD but NBOMe has significantly more potential for harm. As little as two blotters can kill a person and the drug is already responsible for dozens of deaths. Unfortunately, drug dealers sometimes sell NBOMe claiming that it's LSD because NBOMe is cheaper and easier to synthesize.

25X-NBOH

NBOHs are a little safer than NBOMes but the difference is not too big. It is best to stay away from NBOHs and always test your blotters with a Marquis Reagent testing kit to make sure that your substance is pure.

Bromo-DragonFLY

While the effects of this drug are comparable to those of 2C-B, Bromo-DragonFLY is not nearly as safe as 2C-B or most other psychedelics. The substance is already responsible for multiple deaths. On top of that, the whole trip usually lasts for 1-4 days.

DPH (Diphenhydramine)

Diphenhydramine is an active ingredient in Benadryl, Nytol, and Sominex. The drug is commonly used to combat common colds, allergies, and insomnia. When taken in high amounts, DPH acts as a deliriant and causes mostly unpleasant experiences. Since the experience is not enjoyable at all and doesn't lead to any benefits other than helping cure your cold, there is no reason to take high doses of DPH.

Datura

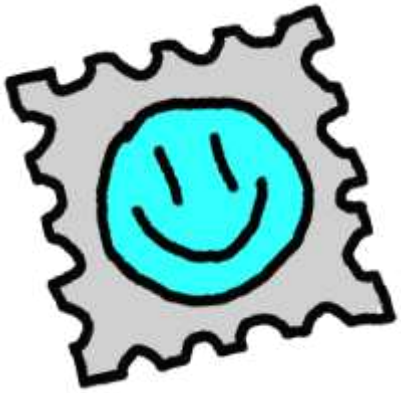
Datura is the most terrifying and dangerous hallucinogen in the world. It is not uncommon for people who take this drug to develop psychosis or paranoia. Users sometimes take their own life during the Datura trip or after it because of how traumatized they are.

Conclusion

Out of all of these psychedelics, psilocybin mushrooms are the safest and the most beneficial for most people. If you don't resonate with them for one reason or another, you can't go wrong by choosing any of the S Tier and A Tier psychedelics either.

Since we all have individual preferences, different minds, and different goals we want to achieve with psychedelics, do not let this tier list stop you from experimenting with "lower tier" drugs. You may truly resonate with ketamine, Salvia, or even Amanita Muscaria and they might be even more significant to you than magic mushrooms or other S Tier substances. But if you are new to psychedelics or you just haven't found your "drug of choice" yet, experiment with the high-tier ones first before you jump into the lower-tier psychedelics. Also, do not take substances from the D Tier or below unless you have a great reason to do so. These drugs would probably do more harm to you than good.

And whatever substance you decide to take or not to take, remember that you are awesome just the way you are.



Be safe,

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